

**Understanding the Teamwork, Operation, and Effect of College
Basketball Team of the Department: An Interview Study in
Wenzao 2020**

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Abstract

This paper is going to answer the question that how the basketball team of the department helps students in college life. It adopted the interview study. I interview eight captains from the basketball team of the department in Wenzao. I design twenty-nine questions before the interview. The questionnaire was divided into three-part. The first part is their personal background. Second, the questions pay attention to the team. For an instant, how to manage their budget, how many times they train in a week, where is the main place they train. Third, this part is to focus on their suggestion. Including the biggest problem, their academic performance, the suggestion for school, and formal basketball game in Wenzao once a year is suitable or not. The captains describe the detail base on these questions.

After the analysis, it found out that they never abandon their academics because of join the team of the department. They still try their best to take care of their academic and sports at the same time. Second, the biggest problem they face is the member's participation and attitude. Third, they hope the school can hold more formula games for them to participate in. In the end, the paper suggests that students can join the team during college life. It is a good chance to organize a team by themselves. Hope the school and the departments can support them more. Moral support is the biggest support for them to become better.

Keywords: Basketball, The team of the department

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INTRODUCTION

Background

Basketball has already developed for 129 years. It is easy to see people play in the park. No matter in elementary schools or universities, it is also a formal course in schools. NBA is the most popular basketball game in the world. Every field is always jam-packed with spectators. Even some people are unfamiliar with basketball, most of them are crazy about this. In Taiwan, there are some famous basketball games such as SBL, UBA, HBL, and so on. Among them, HBL intense public attention recently. In the 107 academic years, the tickets have been given away in one hour. Their rating average is 0.69. There are about 400 thousand people watch HBL.¹ It can prove that basketball is one of the favorite sports in Taiwan.

Physical education class turns to select a course. The sports clubs become a favorite exercise activity after the physical education class's change. Also, it become an important role in the university.² Especially the sports team of the departments is the unique characteristic of the university. Compare with varsity, even you are a rookie, you are also welcomed to join. The team of the departments has a low threshold that everyone can join easily. However, there is no coach to lead, so they need to train by themselves. Otherwise, there are some problems they may face such as budget, the ways of training, team population and so on. Those are the issues that I try my best to find out the answer. In my study, I focus on the basketball team of the departments. Hope this research can make the team of department become better and cultivate exercise interest and promote the exercise.

¹ Chinese Taipei School Sport Federation, "The Charity Activity Report of Taipei City Government," (2019).

² JIA-WUN HONG, "The Present Sports Club Situation and Future Development," *Sports & Exercise Research* no. 48 (2000).

Motivation

The team of the departments and clubs are easy to see in the universities. It is a part of university life. The development of the team of the departments is not only good for teams but also good for their departments. The teams represent their departments and earn the honor for them. This research is going to find out what are the strategies that the team of the departments run their groups and try to solve the problems they face. After analyzing the problems and provide better ways to deal with. Also, make other students realize that join the team of the departments is a good choice.

Significance

The basketball team of the departments is an important part of school life. People seldom notice. It is a good time for students to exercise regularly and increase the cohesion of the whole department. Sometimes, some departments hold some friendly competitions. Through friendly competitions, they can know more new friends from other departments. During the competitions, they can learn more advantages from other departments. Both academics and exercise are important in university. Schools can through the team of the departments to promote sports for students.

Purpose

The purpose is to interview the members of the team of the departments and find out them though about the strengths and weaknesses they face. Otherwise, mention some strategies for them to think those are suitable or not. Besides the problems from themselves, there are some opportunities and threats from external. Hope can improve

their situation and through the previous cases to make them grow up successfully and much better.

Research Questions

1. How the basketball team of the department helps students in college life?
2. How the department basketball team operate their budget, academics, and teamwork?
3. Should schools provide some budget for every team of the departments?
4. If every team creates a study group after training every time, is it good for them to increase their relationship?
5. If formulate a rule that everyone's average of academic must higher than seventy in order to increase their quality. Do they agree or disagree?

Limits

It is hard to interview and collect their opinions with every basketball team of the departments in Taiwan. I only take the basketball team of the departments in WENZAOL for example.

Delimits

My study focus on the basketball team of the department in WENZAOL. Through an interview with captains to analyze their thought and idea about the new strategies and old strategies.

LITERATURE REVIEW

The History of Basketball

Basketball was invented by James Naismith in 1891. From the very beginning, there are no strict restrictions on the number of people, the size of the court, and the time of the game. In 1892, James formulated 13 original rules. The game was divided into two parts. Every part has 15 minutes, and there are 5 minutes of resting time in between. Basketball became popular soon after the game was invented. In 1904, there was a basketball show at the Olympic Games. In 1936, basketball games became an official sport, but only for males. In 1976, the female basketball game also became an official sport.³

The History of Basketball in Taiwan

In Taiwan, basketball is one of the popular sports. According to the report, basketball is the top three most popular sports.⁴ In 1988, the Ministry of Education in order to promote the activity of basketball and increase the friendly relationship, they promote some basketball leagues and basketball games in Taiwan. The most famous student's basketball games like JHBL (Junior High School Basketball League), HBL (High School Basketball League), and UBA (University Basketball Association). Those games are not only providing the chance for students to challenge, but also increase the cohesion of the societies. People can join the game in person or through the media to watch. In addition to these student's basketball leagues, there are also some leagues in Taiwan such as SBL, Chinese Taipei Men's National Basketball

³ Springfield College, "Where Basketball Was Invented: The History of Basketball," <https://springfield.edu/where-basketball-was-invented-the-birthplace-of-basketball>.

⁴ Shih-Hsin University, "The Survey of Exercise Curently in Taiwan," (Taiwan108).

Team, and CBA (Chinese Basketball Alliance, 1994-1999). SBL (Super Basketball League) is the highest level of the basketball game in Taiwan. SBL is the first-tier semi-professional men's basketball league in Taiwan. SBL was once the most popular basketball game, but there was some negative news that causes the rating grow-down. SBL has professional basketball skills and mature abilities. How to attract more people to watch the games is the biggest problem that they face.

Benefit from Basketball

Basketball is not only a competition but also a recreational sport for people. Almost every park has a basketball field, and it is a necessary place in every school. No matter in elementary schools or universities, basketball is the formal classes for students. We can learn many things from playing basketball. For instant, basketball is teamwork, everyone needs to help each other in the field. It can cultivate the ability of teamwork. The first thing they need to learn is cooperation and exert their teamwork.⁵ The research of the group's operation has started in 1980. And it also starts to develop and use. There are many organizations to improve their performance, so they use the group's operation to achieve their goals.⁶ Second, they must assume responsibility. They need to try their best to achieve their missions. If they fail, how to review the failure. Third, keeping exercising is a good habit. Exercising just like a diet. The human being needs to eat every day, exercise is also a daily routine. Taiwanese's quantity of motion is not enough. People should start to exercise since they are little.⁷

⁵ Hui Hu, "The Value on Basketball as Leisure Sports of College Students," [The Value on Basketball as Leisure Sports of College Students.] *Journal of Shangrao Normal College* 25, no. 3 (2005).

⁶ Mitzi M. Montoya-Weiss, Anne P. Massey, and Michael Song, "Getting It Together: Temporal Coordination and Conflict Management in Global Virtual Teams," *The Academy of Management Journal* 44, no. 6 (2001).

⁷ Jackson Pui-Man Wai Chi-Pang Wen, Hui-Ting Chan, Yi-Chen Chan, Po-Hwang Chiang, Ting-Yuan Cheng, "Evaluating the Physical Activity Policy in Taiwan: Comparison of the Prevalence of Physical Activity between Taiwan and the U.S.," *Taiwan Journal of Public Health* 26, no. 5 (2007).

Forth, basketball teaches people to share. In the field, no one can play the whole game by themselves. All of them need to share the ball with teammates. Even if the famous players in the NBA, they still share the ball with others. Fifth, never give up. Cherish every second in the field. Even though there are only three seconds in the last two minutes, players must try their best to earn the scores till the end of time.

The Basketball Team of the Department

Besides, those basketball league I mention above, other basketball teams are not as big as those basketball leagues. They are the basketball teams of the department. They are similar to the club. It helps students to understand their hobbies and career planning. It can also help them to build up their style and trait. After they grow up in the team, they can become a unique individual.⁸ Most departments have their basketball teams. They don't have coaches usually. All the training is planned by themselves or leads by captains. It is very different from the school team. Some people want to join the team of the department because they want to play basketball and handle their courses at the same time. Maybe they want to play basketball, but they don't want to spend much time on it. Consequently, the team of the department is the first choice for them. Students can plan the schedule more flexible.

There are many kinds of departments in universities. For instant, language, law, international trade, electronic engineering, nursing, environmental engineering, physical culture, and so on. Every department has their specialty. In the university, students can not only learn academics from classes but also learn to organize and hold some activities by themselves and develop their multiple capabilities. Schools in order

⁸ Chien-Yuan Tseng, "The Idea of General Education in University and the Participation in Students' Association-a Case Study of Soochow University," [The Idea of General Education in University and the Participation in Students' Association-A Case Study of Soochow University.] *Bulletin of Civic and Moral Education*, no. 9 (2000).

to provide students a better environment, they also try to promote some interesting activities for students. Most common activities like sports day, school fair, talent contact, and so on. According to the report from Sports Administration, Ministry of Education, every organization and school should cooperate with the government to promote athletic activities.⁹

The Department Matches

A department match is a common game for students to interact in university. It is a part of the business of the office of physical education.¹⁰ This activity can increase the interaction between departments. Students team up with their classmates and attendance the department match. They practice together and receive the award on behalf of the department. The team of the departments usually practice afterschool. They have chemistry with each other and achieve the goal of keeping exercising. If people can have regular exercise in college, they have regular exercise in the future.¹¹ There is a report mention that motivation affect people to decide.¹²

The System of NCAA

There is an important point that parents worry about their children's academics cannot maintain when they join the sports team. Because students spend a lot of time on sports sometimes, parents are always concerned children's schoolwork go down. People usually have a bad impression that athletes are all brawn and no brain. In

⁹ Ministry of Education Sports Administration, "Athletic Sports White Paper," (Taiwan2017).

¹⁰ Yee-Tong Ku, Kuo-Hsiu Hong, and Chin-Fa Chen, "The Satisfying Survey of the System for Sports Competition between Departments in University: A Case Study of Chung Hsing University," [The Satisfying Survey of the System for Sports Competition between Departments in University: A Case Study of Chung Hsing University.] *The Sport Journal of Chung Hsing University*, no. 13 (2014).

¹¹ Phillip B. Sparling and Teresa K. Snow, "Physical Activity Patterns in Recent College Alumni," *Research Quarterly for Exercise and Sport* 73, no. 2 (2002).

¹² SHU(WANG JHUANG, RU), FONG-YI JHENG, and CIAO-LING NIE, "The Exercise Motivation of College and University Staff and the Impact of Health Belief on Exercise Behavior," [The Exercise Motivation of College and University Staff and the Impact of Health Belief on Exercise Behavior.] *journal of National Taiwan University of Sport*, no. 1 (2012).

America, there is an association that is NCAA (National Collegiate Athletic Association). NCAA is a famous student sports association in the world. They use ARP (Academic Progress Rate) to judge the students' standard. It is well-known because their students are good at not only exercise but also academics at the same time. Besides the successful performance in exercise, students should also learn more knowledge from other places. Therefore, they can truly derive the benefits from college. There are some academic standards in NCAA such as before students enter the colleges, all of them need to pass the standards. The standard including their scores of senior high and diploma. If one student has an excellent performance score in exercise but terrible academic, he or she still cannot join the NCAA. There are three ranks in the NCAA, and every standard is different. Identically, all students need to maintain their coursework in college. If they cannot keep their academics in standard, they could not join the games and get punished.¹³ There are several discussions in the field of basketball study. Here are three points.

Academic Performance

Student-athletes present a special and nontraditional group. They need to spend a lot of time and energy on training and competition since they start to train on professional projects. Training and competition may affect their adaptability in academic performance. Hence, teachers, peers, administration, and society have stereotyped the academic performance of student-athletes.¹⁴ In the basketball team of the department, maintain the academic is also an important part. However, most departments seldom have a standard for those students. Some students may spend

¹³ Michelle Brutlag Hosick, "Low Academic Rates Cause Lost Postseason, Penalties," <http://www.ncaa.org/about/resources/media-center/news/low-academic-rates-cause-lost-postseason-penalties>.

¹⁴ C. Harrison et al., "The Role of Gender Identities and Stereotype Salience with the Academic Performance of Male and Female College Athletes," *Journal of Sport & Social Issues* 33 (2009).

more time on basketball and ignore the coursework. Conversely, if the department has an academic standard for students, it may reduce participation. From Li's suggestion, both athlete's academics and the score of exercise are important. Enriching knowledge can make athletes' wisdom stronger and it is a supplementary invisibly.¹⁵ Exercise is important, but academics are also important. Having a good performance in academics can make athletes have more choices in the future. They would not be limited only in development.¹⁶ They have a good concept to plan a suitable schedule for training and studying. It is an ability that college students must learn. They should find out the balance between sport and study. Maybe schools can set up a qualification that everyone's academic score at least more than seventy. They need to achieve the goal, or they cannot join the competition.

Teammates and Teamwork

Lin, Jia-Hong mentions the group's concept from his experience. First, the group's awareness. Even a person has big power, but which is limited. The group's awareness come out at the same time. Personal victory is different from the group's victory. People give up their personal goals temporarily and focus on the group's victory. Second, cooperation awareness. People understand that they need to rely on each other. They know no one can defeat a team by themselves. Just like "Two heads are better than one." Third, affection. They have a sense of satisfaction because they earn the score. Because of their cooperation, they win the game. Their group's awareness may become stronger.¹⁷

¹⁵ CING-NAN LI, "Athletes' Life, Academic, and Occupation," *National Sports Special Issue 13* (1984).

¹⁶ Yi-Jung Chen ; Teng-Nong Lai ; Tsng- Chin Wang, "The Successful Experience of Athlete's Study and Influence Factor Are Probed Into" (2007).

¹⁷ JIA-HONG LIN, "The Factors That Affect Basketball Group's Operation - Base on One College," *NCYU Physical Education, Health & Recreation Journal 12*, no. 3 (2013).

Besides, teammates are necessary for a team. In research, it mentions that our behavior is affected by many factors. The main factors are self and outcross affection. Teammates are the important part. If teammates' motivation is very strong and understands they can get the benefits from exercise, the motivation of playing basketball can become steadier.¹⁸ Besides they have chemistry with each other in the field, maybe they can make up a study group after school. There are some members' academics are bad, though the study group can help those students. It can not only increase their friendship but also achieve the academic requirement easier. Also, make each one be a team player.

Budget

Every team needs some budget for their equipment or participation fee. According to Pan's research, budget is one of the factors that affect the sports clubs' operation.¹⁹ Some teams ask their members to pay a fee before they join the teams. Others find out some sponsors to support. Certain schools can provide some scholarships for clubs and the team of the departments. However, the team of the departments usually represent their departments to take part in the competitions. Does it suitable to ask everyone in those departments to pay a fee for the team of the department? Team members spend their time training to earn the honor for their departments. It is not only for teams but also for the whole department. According to Lee's research, schools do not make a budget, it may affect the development of the sports clubs.²⁰ Schools can formulate some conditions that students must follow.

¹⁸ Ming-Hung Chen, "The Study of the Basketball Team's Acting Model - Moderating Effect of Self-Efficacy " [The Study of the Basketball Team's Acting Model - Moderating Effect of Self-Efficacy.] *Journal of Sport and Recreation Management* 15, no. 1 (2018).

¹⁹ Cheng-Hung Pan, "A Study of Consideration Factors and Barries Factorsin Developing Sporty Clubs in Elementary Schools at Eastern Region" (National Dong Hwa University, 2011).

²⁰ Pei-Ching Lee, "A Study of the Manging Strategies in Sport Club in Elementary School in Chang-Hua County" (ibid.2010).

Such as the averages coursework of all members must reach seventy. Second, teams of the departments have a formal constitution and working practice. Third, in every semester, they need to submit the report and running schedules. It can not only increase the level of academics but also help them to raise money.

The Way of Training

How much time do they spend practicing? In Wu's research, he mentions that join the practice is important. Also, the more practice they join the more benefit they can get from exercise.²¹ The basketball team of the department is different from the varsity. The goal of the varsity is to represent the school to win the honor in competitions. Sometimes, they took official leave to practice and attendance the games. About the basketball team of the department which does not have many competitions. However, most basketball team of the departments are not allowed to take official leave. They usually practice after school or on weekend. But some people have part-time jobs, they cannot join the team every time. Moreover, the basketball team of the departments does not have a strong request to ask members attendance the practice like varsity. Training is divided into many parts. What kinds of training are important? Compare with playing infield, the training before taking the field is more important. Players should know very well in every step. Every training cannot be ignored.

²¹ Feng-Yang Wu, "Recreation Sports Benefits of Elementary School Students Participating in Martial Arts Club in Taipei Area" (University of Taipei, 2018).

The Summary of The Literature Review

The history of basketball has 129 years already. It is one of the common sports in the world. In Taiwan, there are some popular basketball leagues. Such as HBL, JHBL, UBA, SBL, and CBA. Among them, HBL is the most popular in recent years. It is easy to see that people play basketball in the schools and the parks. Basketball is not a personal exercise. If people want to win the game, all depend on their teamwork. Therefore, communication is also important.

There is a basketball team only exists in the college that is the basketball team of the department. Most departments have their own sports team. The basketball team of the department is common to see. In some colleges, there are some department matches. These matches are the good chance for them to show their achievement.

Students who join the NCAA must good at academics and sports at the same time. Everyone should reach the stander. If they cannot do it, their scholarship would be canceled. Having a good performance in academics can make them have more choices in the future. They may not be limited only in development.

Every team needs some budget for their equipment or participation fee. If the schools or the departments can make them better and successful. Besides the budget, training is also important in the team. the more practice they join the more benefit they can get from exercise.

METHODOLOGY

Research Design

This paper is going to hypothesis the teamwork, operation, and effect of the basketball team of the departments. I used semi-structured interviews to finish my study. Semi-structured interviews can maintain a basic conversation structure. Even if it is a guided conversation between researchers and interviewees –appreciable flexibility is offered to the researchers. If researchers need to find out the related data but have no time, it is the best way for them. There are five advantages of semi-structured interviews. First, interviewers should prepare to analyze the questions and before the scheduled interviews. Second, it is flexible to maintain the research guideline. Third, interviewers can use the way they like the most to express their questions. Forth, through those interviews can collect reliable data. Fifth, the interview can be more flexible. Through the interview with the leaders of the basketball team of the departments in Wenzao to understand the problems they face and how to resolve. Rather than using a survey with team members, a semi-structured interview can know more about the situations from the team of the departments. Before the interview, I designed a questionnaire base on literature review. The questions are about how to run a basketball team of the departments and if all the teams of the departments should set up a goal that every member should follow. I interviewed with the team leaders or manages in summer vacation. Interviewing with two departments in one week. I used three or four weeks to finish the interview.

Sources of Data

Team members usually appear in the gym. I contact the office of PE and ask them the using time of basketball field. Therefore, I can through the practicing schedule to find out the member of them. Second, search the departments' websites to check if there is any information can contact team leaders. Or visit the office of department to ask some information. Some team of the departments have fan page on Instagram or Facebook. It can also contact the team leaders or team managers easier. Through the fan page to follow their practicing time and place can collect their training type.

About the population, I only focused on team leaders or team managers of the basketball team of the departments in Wenzao. There are thirteen departments in Wenzao. In my research, I divide the whole departments into the big department and small department. There are at least two classes in every grade I call them Big departments. If the department only has one class in every grade, I call them small department. They have very different population, so it may affect the assistant of team of the departments. I found out three departments from big departments and three departments from small departments.

In my research, it cannot collect the all departments in Wenzao. Because the time is not enough to collect the data from every department. I selected six of them to represent. On the other hand, my research would not interview with every team member because it would spend much time on it. Team leaders and manages are the big wheel in teams. Through an interview with them can get the detail data.

Table 1. The code name of the department

Code Name	E	J	G	S	F	A	C	UL
Department	English	Japanese	German	Spanish	French	International affairs	Chinese	Foreign Language Instruction

* Source: sorted by the author

Data Analysis

The chapter starts with the individual and the team's performance. Second, mention their teammates and teamwork. Third, discuss if the budget is key to consist of a basketball team. And analyze their expenses. Third, this chapter focus on the way of training. Comparing the way of training from every team and analyzing their difference and advantage.

Individual and the Team

The reason they join the team of the department

All the captains love to play basketball. They think the training time is suitable, so they decide to join the basketball team of the department.

"I join the team because I love to play basketball. And I want to keep healthy." E said.

Another captain also loves to play basketball, but he cannot take vigorous exercise. The basketball team of the department is more suitable for him.

"I start to play basketball since I was little. However, I choose the basketball team of the department because of my injured. But I still want to play basketball, so I join the team in the department." J said.

UL captain wants to give it a try in the team of the department. Then try out the school team after he adapts to the team's working model.

"I am interested in basketball. I join the team of the department first. After I adapt to the environment of the team of the department, I will consider joining the school team." UL said.

Besides, there are two captains join the school team and the basketball team of the department simultaneously. They can learn professional skills from the school

team. Be a director and learn how to lead a group in the basketball team of the department.

“I join the team of the department and school team at the same time. I think both teams can learn a lot. I can learn more detail about basketball skills and knowledge in the school team. And I can use these skills and knowledge to teach my members in the team of the department.” S said.

In the basketball team of the department, they usually train twice or third times a week. They train for two hours each time. Compare with the school team, people in the school team usually spend a third time or more to practice. In the school team, they usually spend three hours on training. Some people may think it spend too much time to train.

“The team of the department is a good choice for me. Because it will take much time to practice if I join the school team.” IA said.

Another captain also has the same though. He loves to play basketball, but he has less time to train.

“I want to improve my concept of basketball. I love to play basketball, but I do not have enough time. Therefore, I choose the team of the department rather than the school team.” C said.

Captains or the main directors’ responsibility

Most of the captains are the main director. They must ask themselves to practice and learn some basketball knowledge in advance. Then they can teach their members and solve the problems they face in the team. They are responsible for the training in the team.

“I am the captain, so I need to find some resources to teach my members. When I learn from the video and then teach them, I can also learn a lot from it.” J said.

“I am the captain also the main director. I need to prepare a lot of knowledge and strategies, then I can teach my members. After I learn these skills and I practice the skills before I teach them. It really helps me to improve my basketball skills and knowledges.” IA said.

Captains observe everyone’s situation and give them some suggestions. One captain even provides a personal training schedule for everyone during the summer vacation and winter vacation. These are bespoke schedule and according to everyone’s problems to practice.

“Before the summer vacation or winter vacation, I always give everyone a practicing list. Every list is very different. I focus on their personal problems to plan and hope they can practice by themselves during the vacation.” J said.

In some teams, the captains are not the main directors, senior may the director, too. Senior will provide some suggestions for junior or freshman. And tell them how to improve their basketball skills.

“Sometimes I need to practice in school, so I cannot attend the practice every time. Therefore, seniors are the main directors to teach junior sometimes.” F said.

Besides the captain, seniors are also the director to lead their teammates.

“Although I am the captain to lead everyone, senior is also the director to provide some suggestions for junior or teammates,” S said.

Attitude

Some people think the basketball team of the department is only a place for them to play basketball. However, the captains always hope that all their members can learn some knowledge about basketball or increase their basketball skills. There is a different thought between captains and some members. Captains also assign people

by their attitude. If one person has some fantastic basketball skills, but his attitude is very terrible then he has few chances to play.

“I think the biggest problem with our team is attitude. I know everyone wants to play in the game, but I think they need to have a good attitude then they can have more chances to play. E said.

Captain G has the same problem that is the member’s attitude.

“The biggest problem in the team is the member’s attitude. Some people have good basketball skills, but their attitude is very bad. When I assign who can play the game, I usually according to attitude.” G said.

Most of the people in their team are not active. They often have some reasons to skip the training.

“Junior’s attendance and attitude are the hardest problems to solve. Because we do not have some rules to ask everyone to join, someone comes to practice depend on their mood. It is a bad role model. I hope I can try my best to improve this problem.” F said.

Captain S thinks everyone should have a good attitude. He knows everyone wants to play basketball during the games. The first thing they need to do is having a good attitude.

“In the team of the department, both of me and other members can learn a lot. When they join the team, they must follow the group’s step. Everyone must avoid selfish behavior. I know everyone wants to play. I try my best to assign everyone has the same chances to play. Sometimes, I will sacrifice my chance in order to make everyone can play.” S said.

“Member’s attitude is the biggest problem that I try to deal with. There is nothing we can come up with. I always tell them I assign people who can play

always depend on their attitude. I hope they can focus on their attitude more not only on basketball skills.” IA said.

Dinner party

If there are some extracurricular activities can make them closer. All of the teams have some dinner parties after training. In practicing time, they may feel nervous to say their feeling or suggestion. However, everyone usually feels relax to say their thought at the dinner party. It can make them easier to deal with the problems and it is kinda of team building.

“We usually have some dinner party after the training. It can help us become closer. Also, we have higher coordination during practicing time.” J said.

The basketball team of international affairs usually has one dinner party every semester. Captain also thinks is a good chance to make everyone much closer.

“We usually have a dinner party after the big game. I hope we can have more dinner parties in the future. It is a good chance for us to become much closer.”

IA said.

During the dinner party, everyone is relaxing to share their advice. They are very serious during practicing time. At the dinner party, they can share their advice more easily.

“We have dinner party once a semester. Everyone wants to speak up their opinion at that time. It a good time for them to share their sensation.” S said.

Study group

Compare with the study group, the study group is less popular than the dinner party. Most of them think the study is their own duty, they need to work hard by themselves. In the team of Japanese, although they do not force everyone to create a study group, they still study together before the exams.

“We do not have a fixed study group, but our members often ask each other to study together activity. I think the dinner party and the study group can create stronger connections.” J said.

Captain G thinks the study is their own business. They must plan their schedule by themselves.

“I think the study group is unnecessary. They should manage their time schedule to study their own academic.” G said.

Although the team of international affairs also do not have a study group, if anyone has any question, they would be happy to help.

“We are college students. we need to take care of our academics by ourselves. Although we do not have a study group if anyone has some questions, all of us willing to help them. We have a Line group. If anyone has any questions, we can answer them anytime.” IA said.

The favorite team in Wenzao

The team of the Spanish department is the most popular that other captains think they are the best team in Wenzao. There are four teams that think the department of Spanish has a regular practice and everyone try their best to practice. If they face any problem, they solve it immediately. Their members always attend every time. `

“I appreciate the team of Spanish. They have many people to join and their planning is complete. They attend the practice activity.” G said.

Compare with the team Spanish, captain F thinks there is no unity in their team. He thinks the team of Spanish is a good model.

“I very appreciate the team of Spanish. Because their members always participate in the practice every time.” F said.

This captain thinks everyone in their team has high quality. People seldom skip practice. Otherwise, they always find out the problems and deal with them immediately.

“The team of Spanish is the best team. Their members have high quality. Everyone participates in the practice actively. If they face any problem, they always solve it immediately. We need to learn a lot from them.” IA said.

Captain UL also admires their participation. Their management is also excellent.

“I think the team of Spanish is the best team. Their members always attend the practice every time. They have many people, but their management is really awesome.” UL said.

Besides the team of the Spanish, the team of German is also a good team that other captains appreciate.

“I think the team of German is the best team. Because their members always practice regularly and always have good communication. Most of the members have high quality.” S said.

Captain C has the same idea. He thinks the team of German has good strategies. Everyone knows what they should do.

“The team of German is the best. They have complete strategies. Everyone knows how to do it in the games. C said.

Every team has its strength and weakness. They can learn about their advantage and make up for the shortage.

“I think every team has its strengths. we can learn from each other.” E said.

Captain J thinks they are the best team in Wenzao. Everyone in their team is serious. Also, all of them have high quality.

“I think we are the best team in the department. Because we are the liberal team, we do not have a perfect system. Everyone has highly cooperation.” J said.

School and Academic Performance

Academic is always the most important thing that every student must follow. People join the team of the department never affect academic performance. All captains said to join the team of the department is not a reason that affects the academic. The team of the department usually spends two hours every time and twice a week. Their schedule is regular, everyone can manage their time easier.

“The team of the department never affects academic performance. We only practice once or twice a week. Every time we usually spend two or three hours. It never affects to study.” UL said.

Another captain has the same thoughts.

“For me, I do not think to join the team of the department will affect academic performance. We usually spend less time to practice.” C said.

The captain IA also thinks the practicing time is not long. It is not difficult to manage their schedule.

“The practicing time and studying time never conflict. We should manage the schedule to study. The team of the department is not a reason to affect the study.” IA said.

The team of Japanese always has a fixed schedule to train. It never affects members to manage their schedules.

“Our training time is fixed. Everyone should control their time management.” J said.

The balance between sport and academic performance

All captains agree that students in the team of the department should take care of their academics and sports at the same time. Like students in NCAA. They think students can not only focus on playing basketball. The study is the duty of the students.

“We do not spend much time on practice. It never affects us to study. I think we should not because the school asks us to study and give us some budget then we start to study. The study is our duty. We should take care of this originally.” S said.

They usually practice once or twice a week. Compare with the school team, they spend less time. Everyone should take care of their academics.

“We are not the school team. We do not spend much time on training. So, people who join the team of the department should focus on the academic and join the team of the department can become a hobby.” J said.

There is one captain who also agrees that students should not only focus on playing basketball. Academic is also important. However, he thinks NCAA and the team in Taiwan have a very different environment. Therefore, it cannot compare.

“Students in NCAA have trained for a long time since they are little. About the team of the department, most people join the team because they love playing basketball. Playing basketball is their hobby, not their professional skills. Therefore, I think these two cannot compare. In Taiwan, the most situation is that school or parents always ask us to maintain our academics, but there is no standard for us to reach.” S said.

Captain IA thinks is a good way to follow. If there is a chance to do this strategy, he will try to encourage his members to achieve.

“If we can get the budget from school is good but ask everyone to achieve their score to seventy is a little hard. Most of us have bad marks. But I will try to encourage them. NCAA is a good modal. We need to learn from them. We can not only focus on playing basketball but give up the academic. It is too terrible.”
IA said.

The exchange method

If the school can provide some budget, but everyone in the team of the department whose score should higher than seventy. All captains agree with this method.

“I agree with the way that everyone achieves the score to seventy and school can provide some budget. It is good for us.” UL said.

Captain C also agrees with this method. It is a win-win situation.

“If we have reached the goal, we can get some budget. We can get better in our academics also earn some benefit.” C said.

Captain IA will encourage their members first. He hopes everyone can grow up together. NCAA is a good model for them.

“I agree that school provides us some budget and we need to achieve to seventy. I will encourage my members first. Just like students in NCAA, they can take care of their academics and sports at the same time.” IA said.

Captain J think seventy is not difficult to reach. It is a good chance for them to buy new equipment

“I think if the school can provide us the budget and we achieve the average is a good idea. In our department, teachers always hope we can focus on our academics. And I think seventy is not difficult to reach. If we can achieve the goal, we can buy new equipment. It is a nice idea.” J said.

The disadvantage of the exchange method

However, some captains agree with this method, but maybe it will affect the recruit. Because some students do not have a good mark, if there is a rule about score may increase their willingness to join.

“If there is a rule that asks everyone should take care of their academic and sports simultaneously, I think is good or maybe not. It is a good way to remind all of us should study conscientiously. However, it may also increase some people’s willingness to join because they do not have good marks. UL said.

They can do a good job in academic and sports is good. But we can decide whether they want to join the team or not.

“I think taking care of academics and sport is good for us. But I mention above I think it depends on personal thoughts. After all, someone just wants to join the team and only wants to play basketball.” C said.

The frequency of basketball games in Wenzao

They think to combine the border cup and ordinary game is not suitable. Border cup is a chance for the freshman to adapt. An ordinary game is a chance for the senior to play.

“Combining the border cup and the general game is not suitable. Border cup is a chance for the freshman. Also, we have less chance to play the game.” IA said.

If school combine two games, everyone has less chance to play in the game. Freshman needs to adapt, senior needs more chances to play. It is not very suitable.

“About the game’s frequency, I think to combine two games is not suitable. Freshman gets into the new environment. They need to spend some time to adapt to the mode of game and partners. After they have some experiences in games, they can join the game easier. They can also adapt to our team quickly.” S said.

Captain J also disagree about this. It will reduce everyone's chance to play in the game.

"I disagree that border cup combines with the formal game. It will reduce everyone's chance to play basketball. Especially for freshmen, they just get into college. They need some time to adapt." J said.

Most of them think there is only once a semester is not enough. They hope schools can provide more chances for them to play. Otherwise, they need to find other departments or other schools to hold a friendly match.

"I think school can hold the game twice a semester is more suitable. And every team can decide whether they want to sign up or not. Every team can make decisions depending on their situation." IA said.

If there is only one game a year. They need to find other departments or schools to hold a friendly match. Everyone wants to play a formal game.

"School only hold one game a year is not enough. We need to find other departments or other schools to hold some friendly matches. Compare with the friendly match, everyone wants to play the formal game. In the formal game, people will try their best to win the game." S said.

There is one captain who think is once a year is suitable. They can spend one year preparing. When a new semester has started, there are some freshmen join them. Hence, they can renew the team and adjust their new strategy.

"I think the school holds one game a year is suitable. We can use one year to adjust our shortcomings. After freshman joins us, maybe we have a better chance to complete the team." J said.

They also hope schools and teachers can support them more. Therefore, they can feel they are worth doing. Both schools and departments are feeling bullish about them.

“I think the team of the department can run successfully because of support from teachers. Teachers always come to watch the game and cheer for us. It is really to help us. I hope that both of the departments and school can support more in exercise promotion.” IA said.

Team Management

Some teams only have ten people or less. If they have few people, they can only practice some basic training. Some team faces the problem that they do not have enough people, so they disband previously. Also, it will affect the recruit.

“Our team of the department was disbanded before. We restart since I was a sophomore. If the numbers of people are too little, we can not practice a lot. Most of the strategies are prepared for the group. If we do not have enough people, we cannot practice. Freshman will observe how many people join the team of the department then they decide to join or not.” IA said.

The male-female ratio in Wenzao

However, some captains think no matter how many males in Wenzao, it not a problem to affect the recruit. They think it all depends on their willingness.

“In our department, we do not have many males. Otherwise, people who want to spend time practicing are even less. It is the biggest problem that I think is too difficult to solve. E said.

Captain C also think it seldom affects them to recruit.

“It doesn’t affect a lot. The main factor to affect is people’s willingness. It depends on whether they want to join or not.” S said.

The ratio only affects a little. The main reason depends on their willingness.

“I think the number of people will affect a little. But I think it also depends on their willingness.” G said.

Some captains think the total number of people does not affect the recruit. The main reason is the proportion of males and females. Most of the students in Wenzao are female. Female including 80%. And male only including 20%.

“The total number of people is not important. The affection is female are more than males in Wenzao. The affection is depending on the female and male proportion. Because female is the majority in Wenzao, it may affect a little to recruit. J said.

“In our department, the majority is female. I think the total of people is not an affection. The problem is males are less than female” F said.

Some captains in order to recruit the freshman, they will invite them during the freshman English camp. They hope they can join the team after the new semester starts.

“During the freshman English camp, I spend some time on inviting. I hope I invite them actively can increase their willingness to join the team.” IA said.

Captain UL also recruit freshmen during the English camp. He hopes freshman can join them.

“We do not have a lot of people in our team. I usually invite freshmen during the English camp. Hope that can attract them to join us.” UL said.

Budget

They usually pay for their own clothes or equipment by themselves. Seldom have extra money to use. Sometimes, they have some dinner parties which also pay by themselves. They think their budgets are not enough.

“There is a little budget from senior. If we do not have enough money, then we will ask every member to pay. I think the budget is not enough. Sometimes, we want to buy some new balls, but our budget is not enough.” E said.

The budget usually pays by themselves. Sometimes, they can earn some extra budget because they win the game. He hopes schools and the department can support them.

“About the budget, we usually pay by ourselves. If we win the championship, the department will give us some budget. I think if the budget is only paid by us is a little not enough. We all are students. We have a few amounts of money to use. I hope the school and department can provide more.” J said.

Captain UL said their budget is not enough. All budgets are pay by themselves. Their department never provides a budget for them.

“It is not enough. In our department, they never provide anything for us to use. We need to buy balls or other equipment for ourselves. It is a burden for students.” UL said.

Some captains think it is enough to use. If they take part in some games and win the game, they can get some bonus.

“I think it is enough to use. Our clothes always pay for ourselves. If we have some dinner parties, we also pay for ourselves. Those are the reasonable fee.” G said.

They usually spend on clothes and dinner parties. It is not difficult to pay. If we have some financial problems. Our director will help us.

“Our budget is enough. We usually pay for ourselves. The director will provide some budgets if we have some problems with it.” IA said.

Summary of Data Analysis

Every captain joins the basketball team of the department because they love to play basketball. Most of them exercise regularly because of joining the team. Some of them have the same problems that teammates' attitudes and participation. Some members have excellent basketball skills, they think they are the best in the team. However, captains always manage the players to play games depend on their attitude. Attitude is more important than their basketball skills. About the participation, some members have reasons to skip the training. Most captain think it is too difficult to solve. However, the team of the Spanish does a good job on it. They have complete management and all of members join the training every time. Many captains appreciate their team's system.

All of them think that join the team never affect their academic. Their train once or twice a week, and the training time is fixed. They think study is the personal thing, everyone should schedule their time. All captain agree that everyone should take care of their academic and sports at the same time.

Their budget is usually paid by themselves. Although they think it is not difficult to pay, they still hope that school and departments can support them. No matter about the budget or moral support are the best way to encourage them. They agree that if everyone's average of academic can higher than seventy then they can earn the budget. They think it is a good way to encourage the teammates to maintain the academic also can earn the budget.

CONCLUSION

In the college, students not only focus on the academic. Join the club, fall in love with someone, take a part time job, and take care the academic is the bucket list when people enter the college. Among of these lists, join the club is a special experience for students to get a test. The team of the department is a good choice for students who want to exercise and become an independent person. Their training time is fixed. Most of teams usually practice once or twice a week. It usually takes one hour or two hours to train. After interview with the captains, no doubt that join the team pf department never affect the academic. Captain is the most important role. They always take on heavy responsibilities. They need to plan a training schedule, be a coordinator between the members, and recruit the freshman to join them. Captains must to do many things more than members. But all of them said join the team of the department is not a reason to affect the academic. They can still take good care of their academic. As was mentioned above, people can rest assured to join the team of the department.

Although the team of the department do not have professional training, people still can learn something from this. It just like a little sparrow. Sparrow is a little animal, but it has all the vital organs. The team of the department is a small group. However, the team do not lack training and teamwork. The team of the department is a place not only for students to play basketball but also for them to learn some basketball skills and knowledge.

There are some problems that the captains face. First is member's attitude. Some people join the team of the department because they only want to play basketball rather than learning. Or some people may consider themselves are the best one in the team, then they are selfish and arrogant. Captains always hope that

everyone in join the team should follow the group's step. Furthermore, captains hope they can learn something from the training. All of them think attitude is very important. They can accept people who are not good at basketball, but they cannot accept who are smart aleck.

People join the team of department can also take care their academic. Captains agree that nobody join the team of the department and give up academic. All the teams' schedule is the fixed. It never time clash with study. They also agree that school provide them some budget and their average score should higher than seventy. Although they are not as professional as the students in NCAA, they think they still should take care their academic and good attitude to practice.

Everyone usually pays five hundred dollars every semester. Most them think is enough. However, a few captains hope that the department or school can provide more support for them then they can reduce some pressure on budget.

If school can manage more game every year, it can provide more chances for the team of the departments to show their achievement. There is only one formal game in Wenzao every year. Captains think is not enough. They disagree that school combine border cup and formal game together. It increases everyone's chance to play. Captains hope that school and teachers can support them more then they can do better.

Compare with the study group, all captain think dinner party can increase their relationship. They are usually serious in the field. However, during the dinner party, it relaxes to contact with teammates.

The team of the department is a good club that students can try to join during the college life. People join the team can not only exercise regularly but also make more friends. In the team you can know freshman, junior, or senior in your team. Sometimes, during the friendly match can also know more people from other school

or other departments. Additionally, all captains confirm that join the team of the department never affect the academic. It is a really good choice for students to experience. Also, it helps students to cultivate good attitude, how to communicate with teammates and others, how to manage time management, and how to manage self-directed learning. These are the important thing that people can learn when they join the team of the department. Hope everyone can learn more about the team of the department.

APPENDIX 1

個人背景

1. 參加系隊的原因
2. 有因為參加系隊而認識更多朋友嗎
3. 有因為系隊而球技變好嗎
4. 有因為參加系隊而開始規律運動嗎

系隊背景

5. 系隊的經費來源
6. 經費是否足夠
7. 系隊練習次數
8. 練習地點在校外或校內

意見

9. 系隊經營中遇到的最大困難
10. 科系的總人數是否影響系隊招生
11. 隊員是否都願意互相聽取隊友的意見
12. 參加系隊會不會影響課業表現或成績

13. 若校方以成績作為交換條件，每位成員成績以 70 分為標準，每學期提供系上經費，是否同意此做法
14. NCAA 以成績與運動並駕齊驅聞名，是否同意參加系隊的大學生也該如此兼顧課業與運動
15. 在所有文藻籃球系隊中，最欣賞哪個系隊
16. 若有欣賞的球隊，為什麼欣賞
17. 學校將系際盃與新生盃合併是否合適
18. 一年一次的系際盃會覺得比賽次數太少嗎
19. 系隊中有無學長、學弟制的問題

行為

20. 籃球知識對於系隊來說是否占了一大部分，例如戰術
21. 團隊目標為何?以進攻為主還是防守為主?
22. 若是進攻，會以穩打的方式還是有機會就投?
23. 大家是否都同意團隊目標
24. 主要指導系隊的人是否會個別花時間糾正隊員的錯誤動作
25. 如何分配上場時間與先發五人
26. 系隊除了練習時間外，是否有聚餐活動或讀書會
27. 聚餐或讀書會是否能增進感情

28. 是否有跟隊友意見不合或吵架的經驗

29. 若有衝突或意見不合時，隊上都是如何解決

APPENDIX 2

Date _____
 Note _____

補充：團隊，耐心，知識。

① 提升管理觀念，時間 ⑮ 德文

② 大家庭，交流 排分配平均，

③ 有，磨練，十國技友 ⑰ 不吐。
 新生盃 聯合，
 急湍盃 比賽改教

④ 平常就有 隊第→提升

⑱ 個人 ⑱ ~~每~~ 一學期一次
 外教學友聚會

⑲ 否

⑲ 沒有，

⑲ 平日，育美館

⑲ 創新系隊，時間，10個 ⑲ 研究單報、

⑲ 會， ⑲ 各一半

⑲ 願意 ⑲ 有機會

⑲ 個人，時間分配，平時練球，不會 ⑲ 基本

⑲ 同意，進步，70% ⑲ 會

⑲ Yes 不是校隊，爭光 ⑲ 新觀念
 No 興趣，喜歡打球

⑲ ⑲ 聚會2次
 議者中

國立雲林科技大學

- ① basketball, 規律, ⑮ 西文, 練球
- ② 有, ⑯ No, 新生
- ③ 体能 ⑰ 半年
- ④ 自己找時間導 ⑱ Yes, 基本
- ⑤ 聊, 自己 ⑳ 防守, 有林增就投
- ⑥ 系上提供, ㉑ 都ok.
- ⑦ 2次, 校外, W2, W4 ㉒ 隊長, 隊長
- ⑧ ↓ ㉓ 買力
- ⑨ 場地, 學弟不常去, 10幾人 15↓
- ⑩ 男生少, ㉔ 聚餐有 讀一學期友
- ⑪ 不一定, ㉕ 會
- ⑫ 還好 ㉖
- ⑬ 還不錯 找原因, 有些學弟不聽
- ⑭ 要, 系務

場地

(23) 大家都同意 知道問題在哪

(24) 隊長，場上表現 注意，大家一起

(25) 系 → 2年級以上，希望平均分配
下階期給進步 →
失機臥 → 階介行

(26) 一下，讀書會

(27) 多中會，講出內心想法，時間上較好

(28) 隊友以 隊友有配想法，場上時間，情緒

隊長橋美，配真正想法

有進步，出學習

(29) 觀察，辨別

(30) 補充：系隊能學到很多，個人能力強，團隊

隊長職責，情緒中心，個性，工完自己時間

20,

- ① 空檔時間 朋友打球, 校隊, 系隊
- ② 有, 學長, 學弟, 其他系, 復文系, 高材
- ③ 有, 比校隊 \rightarrow 比系隊
- ④ 不是後隊, 傳身屬
- ⑤ 沒開銷, 個人
- ⑥ 球池, 聚餐, 水
- ⑦ 一個團體 ^(新) W2 W4 自主 (校內)
- ⑧ 彼此隊友溝通, 磨合
- ⑨ 還好, 不準,
- ⑩ 優先表達,
- ⑪ 不會, 練習時間不多
- ⑫ 要求, 先做好
- ⑬ 美國, 不能相比, 低術就要求, 台灣要基本 要求課業
- ⑭ 復文系, 規律練習個人能 溝通好 體力, \uparrow
- ⑮ 系 \rightarrow 強上場
新性機會少
適應球隊, 比賽
- ⑯ 新 \rightarrow 訓練
- ⑰ 後期各一, 2-3年
- ⑱ 沒有
會特別要求練習
會那
- ⑲ 基本概念,
要
- ⑳ 進攻 是又快
希望回防速度快
- ㉑ 有有機會就投

① like, 教練不ok

15) 西文

② 隊友, 其他隊

人時, 隊友,

③ 多少,

17) No, 場次減少

④ 有, w1, w4 2~3 hr

18) 會, 一學期一次

⑤ 球員, 學校申請

19) 很少,

⑥ 夠, 一學期 400, 500

20) 是很重要

⑦ w1, w4

21) 防守

⑧ 高, ^{3/}

22) 有機會就放

⑨ 大比賽, 輸, 贏

23) 大致同意

⑩ 一點, 系隊 13人

24) 大家一起

⑪ 大部份, 一點改進

25) 看態度, 實例

⑫ 最好

26) 聚, 一學期一次

⑬ 隊上成績不好, 同意

自己敵配

⑭ 同意

27) 聚可

28) 本 = 篇, 箱, 散, 演講

15) 西文系, 三班, 人數多, 運動, 全場

16) 不合適, 新生 → for 新生, 每人上場時間 ↓

17) - 學期一次

18) NO, 尊重 系隊不用卡, 可直接使用

20) 打球開心, 提體力

21) 防守

22) 有機會投

23) Yes

24) 不多, 隊長說

25) 人人有球打,

26) 聚會 1個月一次
不考慮讀書

可增程

沒有

Date
Note

① 喜歡系呀

② 有系上學長，未有固定隊

③ 有，一個禮拜一次

④ 會，有空也會

⑤ 球員，

⑥ 不足夠，

⑦ 一個禮拜一次

⑧ 校外，社，公園

⑨ 人數不多，人數不足，初戀營，打球及訓練衝刺

⑩ 不影響，9.8人

⑪ 會，有亦不錯

⑫ 不會，

⑬ 同意，中間

⑭ 參加的隊意願低↓一半一半



Date . . .
Note

出色, 分數, 球權分配, 有改進

29) 好好訴, 檢討會, 每個人都要說

30) 系加油! 學校比賽, 氣氛要提升
社系, 興仔好



專任專長已課業

早起體育開始重視

Date
Note

(14) 水

(15) 西文系, 素質好, 二~三, 人多, 花時間, 全場,

(16) 不適合, 新生結 → 失望, 新生展現 ↓

(18) 太少, 一學期二次,

(19) 沒有, 做好本份

(20) 是

(21) 防字

(22) 有空檔就投, 每個人皆可

(22) 是, 凝財力

(23) Yes, 對缺點, 每個人溝通, 一對一

(25) 漸, 與度 → 實力, 年級, 身體狀況

(26) 整裝 → 新整, 整

(27) 讀書會 自己安排, 原班

(28) 可以

(29) 有, 原因



國立雲林科技大學

HBL 賽制問題

6天打場, 過度訓練

Date
Note

球學

① 校隊時間多, 課業, 舞台, 大學

② 有, 系上認識, 友誼賽 3~4場, 高利

③ 有, 提供意見

④ 有

⑤ 較隊費, 主任, 王, 王

⑥ 球友們, 友誼, 申請經費

⑦ 一個禮一次禮拜三 六假日,

⑧ 球員配合, 工作其他原因, 時間

⑨ 招生, 影響大, 新生招生, 隊長會訂

⑩ 球員都願意

⑪ 不會,

⑫ 同意, 平均還不錯, 鼓勵, 興趣, 訓練



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