

**Understanding the Operation, Teamwork, and Strategy of College Departmental
Basketball Team — Interview Study on Five Team Leaders in 2021**

了解大學籃球系隊的運作、團隊合作與策略
— 2021 年五位系隊隊長訪談研究

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Understanding the Operation, Teamwork, and Strategy of College Departmental Basketball Team

—Interview Study on Five Team Leaders in 2021

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Abstract

This paper is studying how the department basketball teams operate, and how they influenced the universities. In the research, I interview five basketball team captains from different schools and departments. Captains know the team best, so I interview captains to analyze the problem. Before the interview, I designed three parts with a total of 24 questions for the questionnaire, the background of the department teams, the operation and management of the department teams, and the influence of the department in the universities. The first part, the team background is mainly study the origin of the team, background culture, team system and team activities. The second part, the operation and management of the department team is mainly study the training method of the team, how to recruit new players, and whether the department culture affects the operation of the team or not. The third part, the influence of the department team in the university is study how students think of joining the department team, the pro and con of college students' opinion, whether the support of members in the department affects the performance of the team, the satisfaction of the players for school game, and whether the school is paying attention to the sports atmosphere or not.

After the research, I learned that a successful team has a harmonious atmosphere. How the captain leads the players is the key to success. The support of the students and teachers will affect the performance of the department team because they have the motivation to improve the team. In addition, students who join department team said their college life are more enriched. Not only make many friends in the department, but also met friends from other departments. In terms of academics, these students are better able to allocate the time. They also know how to get along with others and how to express their opinions when participating in group reports or homework.

Finally, I hope that through my research, we can pay more attention to the sports atmosphere in campus, and encourage students to participate more in university activities.

Keywords: Department basketball team, The influence of the team in college

摘要

這篇論文是在研究大學的籃球系隊如何運作以及這些系隊在大學的影響力。我選擇採訪了五位來自於不同學校及不同科系的籃球系隊隊長來做研究，因為我認為隊長最了解球隊的運作以及在大學的影響力。首先在訪談前，我設計了三個部份共 24 題的題目來做訪談，分別是系隊背景、系隊的運作及管理，以及系隊在大學的影響力。第一部分系隊背景主要是在研究系隊的起源、背景文化、系隊制度以及系隊活動等。第二部分系隊的運作與管理主要是在研究系隊的練球方式、如何招募新球員，以及科系文化是否影響到系隊的運作。第三部分系隊在大學的影響力是在研究大學生對於加入系隊的想法、有哪些優缺點，系上成員的支持是否影響系隊的表現、球員們對於學校比賽的滿意度，以及學校是否重視校園的運動風氣等。

研究分析後，我了解到一個成功的球隊他們的相處氣氛是非常融洽的，隊長如何帶領球員是系隊成功的關鍵。系上的學生與老師們的支持確實影響到了系隊的表現，因為球員們會有動力去讓整支球隊變得更好。此外，這些學生們表示因為參與系隊讓他們的大學生活更精彩、更豐富。他們不但交到了許多系上的朋友，也因為參與了跟其他科系以球會友的友誼賽而認識了其他系的朋友。在學業上這些學生也更能做好時間管理的分配，參與小組報告以及作業時也知道如何與他人相處，如何表達自己的觀點。最後希望透過我的研究探討可以讓大學更重視校園的運動風氣，鼓勵學生多多參與大學活動。

關鍵字: 大學籃球系隊、系隊對大學的影響力

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CHAPER 1. INTRODUCTION

Background

Nowadays, basketball has become one of the most popular sports in the world, and the NBA is also recognized as the highest-level stage of basketball around the world. Besides, watching NBA games has become popular, and has been an interest for all ages. More and more fans start to support their favorite team. They may like the team's management, tactics, atmosphere, or a superstar on the team. These factors will affect the reputation of the team. However, how to be a successful team is an important issue, for example, the operation of the team, the system of the team, and the cohesion of the team.

In college, physical education class becomes an important course, every student needs to take it. What's more, there are more and more students joining the sports club after school, which means sports become an important role in college. Compared with varsity research, the sports team of the department can more highlight the different sports cultures in the university. For instance, every student can join the sports team from their department without high selection. However, they need to operate the system and the strategy without a coach, they may face some problems, such as the number of players in the team is insufficient, the budget is insufficient, the participation of players is low, the team lacks discipline and system, and so on. In my research, I focus on the basketball team of the department to find out the problems in order to promote the atmosphere of physical activity in college.

Motivation

Basketball teams of departments are strongly related to the departments they belong to. For example, the support of classmates, professors, and the chairman is able to influence the reputation and achievements of the department's sports team. If this

department team has many members to support them, this team will be more united to strive for great achievement. Through this research, this paper wants to find out “How basketball teams manage their system, how they solve the problems and research whether the support of the members of the department affects the team's performance. I will analyze the problem to find a better way to deal with it.

In addition, I hope my research can encourage college students to participate in and support their own department's team more.

Research Purpose

The purpose of the research is to encourage college students or members of the department to participate in and support their own department's team more. Through my research, readers can know how the department's basketball team operates the system, what kind of problem they face, and how they solve those problems.

Research Question

Core research question

How do department basketball teams operate their system and influence the college life?

Related research question

1. What college students can learn from the department basketball team?
2. Whether the department culture influences the management of the department basketball team or not?
3. Will the support of department members influence the reputation and achievements of the department's sports team?

Contribution

Basketball teams of departments are strongly related to the departments they belong to. For example, the support of classmates, professors, and the chairman is able to influence the reputation and achievements of the department's sports team. If this department team has many members to support them, this team will be more united to

strive for great achievement. Through this research, this paper wants to find out “How basketball teams manage their system, how they solve the problems and research whether the support of the members of the department affects the team's performance. I will analyze the problem to find a better way to deal with it. In addition, I hope my research can encourage college students to participate in and support their own department's team more.

Limits

It is difficult to find many captains of department basketball teams in different colleges during the pandemic, so I use social media to connect with them and make an interview by online meeting, instead of facing each other.

Delimits

My research focuses on the department basketball teams with good performance in different colleges. I will interview these captains to understand their thoughts, suggestions, and strategies.

CHAPTER 2. LITERATURE REVIEW

In the literature review, I want to analysis Global Amateur Basketball: FIBA International Basketball Association, The Amateur Basketball: Explore the Foundation of American Basketball Development-AAU League, Development-AAU League, The Operation and Management of Basketball Club, The Department Basketball Team in College, The Effect of Intramural Sports Competition on Students in College, The Training Method, The Pros and Cons of Joining School's Clubs and Activities, and the summary of Literature Review. Here is the literature review.

Global Amateur Basketball: FIBA International Basketball Association

The FIBA is an international basketball organization composed of basketball associations from all over the world, headquartered in Mi Village, Switzerland. It is responsible for formulating international basketball ball regulations, formulating

basketball courts and basketball specifications for games.¹ For example, the height of the basketball hoop, the length, and width of the basketball court, the size of the penalty area, the distance of the three-point line and the ball for the game, etc. What's more, control of the transfer and appointment of players can be used in international basketball games to enforce the law and hold large-scale basketball games.² Since its establishment in 1932, it has had a total of 213 member countries. Since 1989, it has been divided into five regional committees, which are responsible for handling basketball affairs in the region. The five regional committees include: The African regional committee, the Americas regional committee, the Asian regional committee, the European regional committee, and the Oceania regional committee.³

The Amateur Basketball: Explore the Foundation of American Basketball

Development-AAU League

The AAU league, the full name of the Amateur Athletic Union, is the American Athletic Union. It is an amateur sports league in the United States, including basketball, handball, volleyball, karate, and other sports. Besides, the AAU Alliance is a large non-profit social organization with more than 67,000 athletes and coaches and more than 100,000 volunteers.⁴ The AAU Alliance was established in 1888 with the original

¹ Larry Fine, "Basketball - No age-limit likely for Rio Games - FIBA chief", (Aug 12, 2012), accessed in May 14, 2021, <https://www.reuters.com/article/uk-oly-bask-bkmbbl-fiba-day15-idUKBRE87A0BS20120811>

² Simon Evans, "Basketball-Twitch sign interactive content deal with FIBA", (Feb 24, 2021), accessed in May 14, 2021, <https://www.reuters.com/business/media-telecom/basketball-twitch-sign-interactive-content-deal-with-fiba-2021-02-24/>

³ Slide share, "International Basketball Organization", (Oct. 22, 2011), accessed in May 14, 2021, <https://www.slideshare.net/ckf30098/ss-9830812>

⁴ Lawrence Hurley "NCAA takes on student-athletes in U.S. Supreme Court compensation dispute", (March 26, 2021), accessed in May 12, 2021 <https://www.reuters.com/lifestyle/sports/ncaa-takes-student-athletes-us-supreme-court-compensation-dispute-2021-03-26/>

intention to provide an authoritative and unified standard for amateur sports activities. The basketball program of the AAU League has given the NCAA and NBA a steady stream of outstanding talents, which has made American basketball everlasting. Children can join different levels of games to improve themselves and accumulate a wealth of game experience. However, the coaches of the AAU league teams are voluntary coaches without any remuneration. Some are parents of players, and some are coaches purely out of love for basketball. Most of these coaches have played in the NCAA (College League of America), so they have a good understanding of what to practice, how to practice, and what to practice systematically.⁵ They use their spare time to teach their children to play for free. Only when they go out to play, the coach's airfare and accommodation costs and the team registration fee are shared by the parents of each team member. Many coaches take the initiative to give up this only benefit because their children are also on the team.⁶ This amateur basketball league provides teenagers free resources, such as games, training courses, and professional coaches. They just want to collect teenagers who love basketball and make their dreams come true.⁷

The Operation and Management of Basketball Club and The Introduction of the Department Basketball Team in College

According to the article, Author Liu said that the basketball club is led by Students, with referees and competitions Team, outreach team, logistics team; and formulate regulations. Besides, students can pay the membership fee voluntarily to the

⁵ Reuters, "NCAA changes policies on draft, agents, recruiting; NBA reportedly 'blindsided'", (Aug 9, 2018), accessed in May 12, 2021 <https://www.reuters.com/article/us-basketball-ncaa-ncaa-agents-draft-idUSKBN1KT2D4>

⁶ Basketball and you, "Explore the foundation of American basketball development AAU League", *Daily headlines*, (Oct 24, 2016), accessed in May 12, 2021 <https://kknews.cc/zh-tw/sports/ob32om.html>

⁷ Billy Witz, "The Dynamics of College Sports Are Changing. So Are the Business Prospects", *The New York Times*, (June 25, 2021), accessed in July 12, 2021 <https://www.nytimes.com/2021/06/25/sports/ncaabasketball/ncaa-nil-athletes-endorsements.html>

club. The power of organization, management, activities, are operated by students, which can improve their active learning, and how they solve problems.⁸

The basketball team of the department is currently becoming a popular sports group in colleges, students from different living environments and backgrounds decide to join the team because they have the same interest and goals. Generally, joining a department team is easier than joining a school team. For instance, there are no high limitations of technical threshold, and too much time on training to join the department team, so it is easier to attract college students who love basketball to participate.⁹

Tyler P. Ward said that “intramural sports refer to sports competition which is carried out in a college. Such as basketball, football, volleyball and so on. Intramural sports are an important role to college students, these Intramural sports can make students connect more with others in their community as well as feeling more connected to the college”.¹⁰ For example, if students participate in Intramural sports by joining their own sports clubs, they will learn how to be a leader in the team, how to teamwork, and how to socialize with others to build their relationships. In other words, it is important to improve students’ social skills and build their relationships before starting their careers.¹¹

The Training Method and The Pros and Cons of Joining School’s Clubs and

⁸ Ziqing Liu, “Probe into the Teaching Mode of Basketball Club, *Journal of Jiamusi Education College*, (Nov 4, 2011), accessed in May 12, 2021

⁹ Zhiwei Hong, “Interpersonal Interaction and Identity Construction in University Department Basketball Team”, *Master’s Thesis, School of Sports, Leisure and Hospitality Management, School of Sports and Leisure, National Taiwan Normal University*, (July, 2014), accessed in May 12, 2021

¹⁰ Ward, Tyler P, “The Effects of Intramural Sports on College Students”, *Grand Valley State University ScholarWorks@GVSU*, (April, 2015), accessed in May 12, 2021

¹¹ The Guardian, “

Do athletes make better students? (Aug 4, 2014), accessed in May 12, 2021

<https://www.theguardian.com/education/2014/aug/04/sport-at-university-do-athletes-make-better-students>

Activities

The training methods and time of the department basketball team are different from those of the school team. Department sports team consists of those players who have the same interest. On the contrary, school teams usually recruit the best players in the college. The department team uses the basic training program mainly, like personal fundamental skills and physical training.¹² Besides, department teams usually train for 2-3 days a week, unlike the school teams that need to practice every single day. Some players in the department team may have other club activities or they need time to review the school work, so the attendance of the training will not be like the school team.¹³ The same height. However, how the captain gel the team, manage the team and lead the team to become very important.¹⁴

Nowadays, most college students like to join school clubs or activities. Some Students join the club because they want to gain some benefits from it. But some of them join the club just for fun, or they just want to kill the time after school. For example, some students join the club because they are interested in it, others join the club because they want to make new friends, and still, others join the club because they want to improve themselves. Students can learn how to work with others, how to speak well in the public, or how to present their ideas clearly and fluently in the team from the club.¹⁵ However, students might waste their money on transportation, food, and contribution, like going out to have a meeting with members on the weekend, and it

¹² Gantois, Petrus, "Repeated sprint training improves both anaerobic and aerobic fitness in basketball players.", *Isokinetics & Exercise Science*, (2019), accessed in May 12, 2021

¹³ Ford, Jason A. "Substance Use Among College Athletes: A Comparison Based on Sport/Team Affiliation.", *Journal of American College Health*, (Jun, 2007), accessed in June 12, 2021

¹⁴ Zhiwei Hong, "Interpersonal Interaction and Identity Construction in University Department Basketball Team", *Master's Thesis, School of Sports, Leisure and Hospitality Management, School of Sports and Leisure, National Taiwan Normal University*, (July, 2014), accessed in June 8, 2021

¹⁵ Tenh-or-Sell, "The pros and cons of joining school's clubs and activities", *samsoscheatenh*, (July 29, 2015), accessed in June 12, 2021 <https://samsoscheatenh.wordpress.com/2015/07/29/the-pros-and-cons-of-joining-schools-clubs-and-activities/>

will cost a lot for eating. Besides, they don't have enough time to stay with their family. What's more, if students spend a lot of time on club activities, it might influence their schoolwork because they don't have enough time to study. Although there are pros and cons to joining the club, it is a good challenge for students to improve themselves.¹⁶

Interpersonal Interaction and Identity Construction in Taiwan's University

Department Basketball Teams

Nowadays college department basketball team is common and popular in Taiwan, and team activities have become a common life experience for college students. Students can make different kinds of friends by joining team activities, but sometimes there have conflicts which may affect their relationship. For example, in some teams, players have different classes due to their grade and skills, they have conflicts because they compete for more time in the game.¹⁷

The basketball team of the department is currently becoming a popular sports group in colleges, students from different living environments and backgrounds decide to join the team because they have the same interest and goals. According to the data, Huang Xiaozhen (2012) conducted a research on those who had participated in sports teams in college. Among the 404 valid questionnaires, 48.3% of the respondents mainly participated in department team activities during college. What's more, Taiwan's well-known sports organization DAVILLAGE Basketball conducted a three-week "Taiwan Departmental Search" in 2012. It actually visited about 50 universities, and interviewed nearly 500 department basketball teams (Zheng Junyu, 2012). It can be seen that joining

¹⁶ Chris, Black "Reasons College Students Should Join a Club", *Demand Media*, (2014), accessed in June 12, 2021

¹⁷ Dix, Andrew, "More Piece of Evidence of Discrimination Against Black Basketball Players", *Howard Journal of Communications*, (July, 2019), accessed in May 12, 2021

activities of department basketball team is popular nowadays.¹⁸

In the most of department basketball team, they exclude coach system, teammates are the main leadership. Its behavior includes four concepts: mission leadership, social leadership, external leadership, and personal talent. Xu Weimin also pointed out that the connotation of task leadership is to help the team achieve goals, help teammates clarify responsibilities, assist decision-making, and provide guidance.

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Social leadership is to promote the relationship between teammates, alleviate team conflicts, provide support and trust to teammates; external leadership includes solving problems which outside the team, and it will affect the team, such as fundraising. Personal talent is to show these players' athletic ability and their charm.²⁰

The research results show that peer leadership behavior is significantly related to team cohesion and team satisfaction.²¹ Besides, if peer leaders can show their kindness to teammates, it can improve the teamwork. They want to encourage the teamwork, which make the team to achieve their goals. However, Social leadership is an important issue for students because most of them join the department basketball team just for fun.²²

The Summary of Literature Review

¹⁸ Zhiwei Hong, "Interpersonal Interaction and Identity Construction in University Department Basketball Team", *Master's Thesis, School of Sports, Leisure and Hospitality Management, School of Sports and Leisure, National Taiwan Normal University*, (July, 2014), accessed in May 12, 2021

¹⁹ Taiwan Today, Agencies, "Taiwan's sports universities provide athletes with top-class degrees, training", *Taiwan News*, (Feb 24, 2019), accessed in May 12, 2021
<https://www.taiwannews.com.tw/en/news/3645036>

²⁰ Kim, Jeemin, "The dynamics of informal role development within sport teams: A case study approach.", *Psychology of Sport & Exercise*, (May, 2020), accessed in May 12, 2021

²¹ Lee, Hyun-Woo, "How multiple identities shape behavioral intention: place and team identification on spectator attendance.", *International Journal of Sports Marketing & Sponsorship*, (2020), accessed in May 12, 2021

²² Zhiwei Hong, "Interpersonal Interaction and Identity Construction in University Department Basketball Team", *Master's Thesis, School of Sports, Leisure and Hospitality Management, School of Sports and Leisure, National Taiwan Normal University*, (July, 2014), accessed in May 12, 2021

Nowadays, most students like to participate in club activities because they think it can enrich their campus life.²³ Some students like sports, but they don't want to join the school team because of spending a lot of time on practice. However, they will choose to join a club or a sports team in the department, such as a department sports team. The school also organizes various sports competitions for the department, such as basketball, volleyball, badminton and so on. Research shows that the department team of basketball is the most popular team, with the highest participation of students.

Why are there so many people watching and discussing the department's basketball game in the college? Not only are students actively participating in the basketball team from their department, increasing the number of teams participating in the game but also a game with a high level. They can raise the competition and the viewing of the game which makes the game more attractive. To become a good basketball team, players must actively participate in the practice. How the captain leads the team, manages the team, and how the member of the department supports their basketball team is very important.

²³ Chris Taylor, "How college students can find jobs - without much work experience", *REUTERS*, (April 9, 2019), accessed in May 12, 2021 <https://www.reuters.com/article/us-world-work-firstjobs-idUSKCN1RL15H>

CHAPTER 3. METHODOLOGY

Research Design

In order to know how the department basketball teams are operated and managed in the college, I decided to use semi-structured interviews to interview captains or managers from department basketball teams in different universities. Using semi-structured interviews, I can get more information from my interviewees, and it's more accurate to know their ideas. For example, some students don't have the passion and patience to do the questionnaire, so they do it hastily. I chose to interview them by online meeting because of the pandemic. Besides, I will prepare the questionnaire in advance, and send it to them before the interview, so that they can preview it.

Sources of Data

According to my research, I collected the data of these team captains through the introduction of my friends, made an online interview with them early. I chose to visit teams from different universities and different departments because I wanted to study and compare the difference in sports culture between national and private universities, whether different departments affect the operation of the team. I interviewed the captains of engineering, liberal arts, and business department teams. The captain usually knows the team best. In addition, I also interviewed the department teams from a foreign university to compare the differences between foreign and domestic sports education and culture, which can be learned in Taiwan universities.

Table 1. Information regarding interviewee

University	Department	Name	Grade	Captain Experience	Code
Wenzao Ursuline University of Languages	Spanish	Zhou Guanpu	Junior	2 years	S
Cheng Shiu University	Civil Engineering	Fang Pinxiang	Senior	1 year	CE
National Kaohsiung University of Hospitality and Tourism	Air Transport Management	Lee Jiahe	Senior	1 year	ATM
University of Toronto	Sports Science	Liu Yuting	Junior	2 years	SS
National Kaohsiung University of Science and Technology	Finance	Yang Mingzhen	Senior	3 years	F

CHAPTER 4. DATA ANALYSIS

The data analysis including the Background of Department Team, The Operation and Management of Department Team, The Influence of Department Team in The University, and the Summary and Implication for the end.

The Background of Department Team

First, in my research, I focus on the department basketball team which is only for males. There are different variety of department basketball teams in my research, such as Spanish, Finance, Civil Engineering, Air Transport Management, and Sports Science department team. I can easily interview them because they are all my friends. They are all from different backgrounds. Some departments have many students, and most of them are males, so they can recruit players easily. However, some of them don't have many males in their department, so they are hard to find players to join the team.

“Our problem is we don't have many male's students in our department, it's difficult to recruit players, and compare with other departments, which have a lot of male's students”. F said.

How to choose the team leader become the most important issue to influence the performance and the atmosphere of the team. For example, great leaders will improve the team by encouraging players, finding the weakness of the team, then better it. The captain of Spanish department team said that,

“I always encourage my players when they fail, I keep communicating with these players in order to know what they think and what they need, instead of blaming them. This is the most suitable way to better the whole team, not only improve myself”. S,

ATM, and SS said.

However, if the team have many players in the team, and they choose the leader randomly, they will easily defeat themselves. For instance, although this leader is the best player in the team, he still need to encourage these players, participate every practice, listen their thought, then give them feedback, and so on. If leaders and seniors are not responsible for their team, members of the team won't cooperate and follow the rules in the team. The members of Civil Engineering said that,

“We don't follow the rules of the team, listening to our captain and seniors because they always blame the player who make the mistake on the court. Besides, we have too many members in the team, so we don't have enough time to listen their thoughts after training and the game. We just enjoy playing basketball on the court, and we separate to different groups after training, actually we don't look like a big family”. CE said.

What's more, some department teams have their own culture, operation, and system, which make them succeed.

“we always discuss our schedule, training method before practice, and improve mistakes we make after training. Therefore, we can improve the team easily because we have our own team system and culture”. S, F, and SS said.

The Sports Science department team is from Canada, they have a great professional system and personal trainer to organize the team well, which we can learn.

“We have three coaches in the team, one is head coach, who focus on operating the whole system. Another is strength coach, who focus on training the power and the body transformation of players, And the other is performance coach, who focuses on improving the speed, explosive power, endurance, agility, and flexibility of players, we follow the professional system like NCAA, NBA to become the greatest department basketball team in our campus”. SS said.

This is why they are the most successful team in my research.

In the interview, I know that if department team already have their own teamwork system, team rules, and team culture, which build by graduated seniors, these players will follow the team culture easily, which make this team become successful.

“I’m so lucky to be the members of our team because when I was freshman in college, and the rookie of this team, we already have team rules, a system of training, and the great team cohesion, which build by our seniors. This is a great advantage to compare with other department teams, then we won the championship in my first year in college”. F said

However, if they don’t have their own team culture in the past, they need a lot of time to rebuild their system, which may cause them fail at the beginning.

“We are the first year students to form the basketball team in our department, so we don’t know how to set the team rules and the system efficiency at the beginning. It’s difficult to let every team member listen to you, and follow the rules because we’re all rookie in this team at that time”. ATM said.

Every sports team need the team management to operate the system, include department basketball team in college. In the interview, I found that team managers are an important role in college. For example, they can propagate team activities, the schedule of games, and introduce the team culture to other students. According to the data analysis, if they have managers in the team, captain and players can focus on training and the basketball, they don't need to spend too much time on dealing with team operation.

“We have four managers in the team, they are usually deal with the registration for the game, record the players' practice attendance, the team activities, and record the data in the game. We can easily deal with team operation with them, and spend more time on training. We think team manager are an important role to make the team successful”. F said.

Some department teams like to arrange activities, like study group, welcome party, or team travel. They think it's can enhance their relationship. The captain of Spanish department team said.

“We usually arrange 1-2 dinner party per semester in order to keep connecting our relationship. I can know every player's thought in the team, and consider different opinion from them to better the team system”. S said.

The Operation and Management of Department Team

If a team wants to be successful, they need to pay their effort and work together to achieve the goal. Some department teams have excellent performance because they

have good operation and systems to manage the team. Besides, the cohesion of players will influence the performance of the team. For instance,

“Players in my team always focus on team practice, we are willing to sacrifice their studying time or they refuse their friends to go out in order to join the team practice”. S and F said.

What’s more, how the captain leads their members will influence the performance of the team. Take the Civil Engineering department for example,

“our captain doesn’t have enough power to lead members because he is lazy, not active in the practice, and he likes to blame his players instead of encouraging them in the training, so these players definitely won’t listen to him, which cause the team performed worse and worse”. CE said.

After research, I know that Captain be an important role to make a team better or worse. However, if a team wants good cohesion, they can arrange some activities, like dinner or party to enhance their relationship.

“We like to arrange some welcome party, dinner party, and other activities, such as KTV activities and a trip to enhance our relationship, we can know more about each other through these events”. S, F, ATM, and SC said.

Most of department team think they won’t be influence by their department culture but they can impact the cohesion of department.

“I don’t think the department culture will influence and change our team style and system. We just need to focus on training and operation of the team. However, we can even change the culture of our department by inviting students and teachers to come and watch the basketball game. In other words, basketball team have power to influence the cohesion of department’s culture”. S, ATM, and SS said.

The way of training will influence the performance in the team. Some department team they refer to professional training method, which can be search on YouTube. Besides, they will record their training and official game by filming a video, in order to know what weakness they need to improve.

“I always search some NBA or NCAA training videos, and share this information to our players. Nowadays, social media is very popular, we can search different kind of information, and choose the suitable training method for the team become very important. We can imitate the style of the team from these professional sports team. What’s more, we can learn how those professional athletes improve themselves in an efficiency way. I consider that the team’s training method will influence their culture and system”. F said.

“We have three coaches in the team, one is head coach, who focus on operating the whole system. Another is strength coach, who focus on training the power and the body transformation of players, And the other is performance coach, who focuses on improving the speed, explosive power, endurance, agility, and flexibility of players. We have professional system to train our players, separating different position of players to enhance their skills. We think our training system is the key to make the team

success”. SS said.

How the captain treats the players deeply affects the player's participation in the team. Then it's will influence the performance of the team.

“I always encourage my teammates to participate the training, instead of blaming why they absent the practice. If these players always absent the team training, it may have some problems in the team. For example, the cohesion of the team is bad, the training menu and training method is not suitable for them, or the team leader is not active enough to lead the team, and so on, If we solve these problems, and care more about these members, they will more willing to join the team training. At first, we need to respect them, listen their thought to know their problems and difficulties before we blame them. This is the basic responsibility for being a captain”. S and F said.

All of captains in my interview said reviewing their performance after game is very important, it can help us to find the weakness in the game.

“It is important to improve the team by recording videos, review the performance on the court. Besides, it is a good way to enhance our relationship by discussing the performance after game because we can know every member's thought”. S and SS said that.

Department teams usually do not need to pay team fees, unless registration fee for the game or jersey fee for the team. Everyone thinks that participating in the department is based on our interest, it is not like the school team that needs to pay team fees to buy professional equipment.

“In our team, we don’t need to pay team fees, unless we need registration fee or jersey fee for the game. We just enjoy having fun in the department team without any pressure”. S, F, CE and ATM said.

The Influence of department Team In The University

In this part, I want to study how department teams influence students’ behavior and the operation of their department. After the research, I know that most the students enjoy participating in the department team, they think it’s a good way to learn how to work with others, making new friends, and learn how to distribute their time efficiently in college. Besides, the support of the basketball team in the department will influence their department culture. For example,

“we have a lot of students support our team, and they always come to watch the game, which makes our department more cohesive and more popular. Therefore, it will improve the relationship between students and teachers”. S, ATM, and SS said.

It’s a good way to making new friends, learning how to communicate with others, how to work in the team by joining the department team.

“I’m glad I join the department basketball team in college, it’s difficult to refuse to go out with my friends when we have team practice, but I have a lot of time stay with my teammates, learn how to play the teamwork, and how to respect others opinion when we have argument”. S said.

According to my research, I found that, the cohesion of the department team

will influence the relationship between teachers and students. What's more, it will also influence the reputation of this department. For example, students who join department team are more likely know how to cooperate with others, especially work in the group when they have assignment and report. Besides, most of them are willing to join department's activities, which can enhance the relationship between students and teacher in the department. Captains of Spanish and Sports Science said that,

"I'm glad to join the department basketball team because I have many opportunities to learn how to listen others opinion, how to communicate with others. I can make friends easily in college. We're become outgoing students in the class, so we like to join the departments events. Moreover, teachers are impressive for us because we all have good cooperation and passion to deal with different kind of events in our department". S said.

"When we have basketball game, many students and teachers will come to support us, some of my friends who from other departments said we are more unity than others, and create a good reputation in college". S and SS said.

In the research, I found that if they have many people support the department team, it will influence the development and performance of the team. The captain of Air Transport Management said that,

"In the past few semesters, we don't have many people supports us, most of them don't know the schedule of basketball games. However, this semester, we started to propagate the information of our team, and the schedule of games, then they are

many students come to watch our practice and the game, which motivate the whole team so much. In the end, we won the champ in this semester because of them". ATM said.

Nowadays, sports become important in college, students love to watch sports games after school, they like to invite their classmates, friends, and even their teacher to watch basketball games, which enhance their relationship. However, college need to show the professional standard of the game, show the fairness of the game, show their best to these audiences in the college. The captain of Sports Science said that,

"Our college cares about sports very much, we hold different kind of sports game in each semester. What' more, our school request the professional referees to join our games, which make the competition more professional and competitive. Our school think if we want to make everyone attach importance to sports in the school, we must show our professional and passion on sports game. It' s a good way to enhance the cohesion of department in college by caring more about sport". SS said.

However, not every college provide enough resources on sports, for example, the captain of Spanish said they only have one series of basketball game per year, but other colleges they hold at least 2-3 game per year. What's more, their school doesn't want to spend money on professional referees for their games. They hope the school can take more seriously on sports.

"We train whole semester, even whole year in order to perform well in the games. However, our school only hold one series game per year. Besides, we don't have professional referees in the games because our school doesn't want to spend

money on it. Some students complain that referees are not fair in the game. If the school want to improve the atmosphere of sports, they need to be more active on it". S said.

Some department teams will register for off-campus competitions because there are too few competitions held by the school. However, if the team performs well in the off-campus competition, they can also build the good reputation for their department and the college. Besides, most schools support their department to go out to register for the competition, and some school's department will sponsor the jersey and registration fee.

"Our department will sponsor the fee of games and jerseys if we perform well in the college, they think it's an honor to have external basketball games for the department". S and F said.

Summary and implication

Most students join the department because they like sports, they like to make friends, or they want to experience the atmosphere of teamwork. Joining a department team has many advantages. For example, students can not only meet many friends, and even classmates from other departments, but they can also learn about team operations to help them better understand how to cooperate with their group members on academic reports.

First, I think the captain of department basketball team should be more active in recruiting members because they are important role to lead the team, improve the team, and organize the team. Second, department should look upon department team as department activity. For example, they can promote the department team to students in

the department, so that students can know who are the member of the team, the team's culture and their schedule information. If students can participate more on department activities, their cohesion will be improved. Third, schools should support more and hold more on sports competitions. According to data analysis, some team players expressed their dissatisfaction with the number of games held by their school, and some were dissatisfied with the professionalism of referees. If the school pays more attention to the game, and the level of competitions can be improved to attract students to watch it. Enhancing the sports atmosphere in the school is a good strategy to unite students.

CHAPTER 5. CONCLUSION

Students usually like to join clubs, have part time job and hang out with their friends. Sports become an important role to make school life more interesting. If college can not only provide efficient study resources, but also provide good sports

environment for students, it's may influence their participation of school activities.

I choose this topic for my graduation project because I am the member of school basketball team and the captain of international affairs basketball department team in Wenzao Ursuline University of Languages. I know the management, operation, and system of department basketball team very much. To be a captain, I need to take care of whole team, thinking how to encourage team members, and how to improve the team in a suitable way. However, I don't know the system of other department teams. In order to get more information from other department teams, I decided to interview five captains from different department teams. After my research I know that, student's academic won't be influenced if they join the department basketball team, they can learn how to allocate time effectively. They only need to train 2-3 days per week, it's easy to take care of school work.

The purpose of this study is to promote other colleges and their departments to improve the sports atmosphere in their school, and listen more opinions from their students who love sports, we can make sports bigger in college, if we spend more time, and devote more effort on students' thought.

APPENDIX 1

Questionnaire

訪談對象名單：

文藻外語大學西文系系籃隊長

高雄科大金融系系籃隊長

正修科技大學土木系系籃隊長

高雄餐旅大學航空運輸管理系系籃隊長

加拿大多倫多大學運動科學系系籃隊長

Background 球隊背景

1. How the team was built 球隊如何建立的?
2. 球隊中有幾位球員，是否有球隊經理管理球隊?
3. 系隊招募球員是以測試的方式還是有興趣就能加入球隊。
4. 隊長是如何選出來的? 依照球員實力、年級、位置、場上領導能力等。
5. 球隊中是否存在著年級階層的制度?
6. 球隊以往的戰績如何?
7. 球隊裡相處氣氛好嘛， 球員之間除了練球、比賽、還會進行哪些活動?像是一起讀書、固定的球隊聚餐、假日出遊等等。

The Operation and Management of The Team 球隊運作與管理

1. Whether the culture of the department influences the operation of the department basketball team or not? 科系的文化是否會影響到系隊?
2. 球隊的練球方式為何? (一週幾天練球，一次練球為多久時間?)

3. 訓練時間是如何決定的?
4. 訓練課表是如何安排的?
5. 球員的練球出席率如何?
6. 如果隊長遇到隊員們時常請假的狀況，練球出席率低，會如何去應對?
7. 球隊練習中如果有球員不專注在練習，會以鼓勵的方式使球員們專注，還是以責罵並且逞罰跑體能?
8. 比完賽球隊會做賽後檢討嗎? 如何檢討?
9. 球隊平時多久約一次友誼賽，讓球員們保持比賽的感覺?
10. 球隊的經費來源，隊員們需要繳隊費嗎?
11. 系上會提供經費給系隊嗎? 例如贊助球衣、球具、報名費或球隊聚餐。

系隊在大學的影響力 **The Influence of The Team In The University**

1. 你覺得大學生加入系隊有哪些優、缺點?
2. What college students can learn from the department basketball team? 身為系上球隊的一份子，你覺得大學生可以從系隊中學到甚麼?
3. Is the support of classmates, professors, and the chairman (department members) able to influence the reputation and achievements of the department's sports team? 系上成員的支持，像是同學、教授、主任，他們的支持是否影響系隊的名聲與表現?
4. 對於學校校內盃賽的滿意度如何，是否滿意比賽的規模、強度與舉辦的次數?
5. 學校重視校內比賽嗎，又是如何安排裁判與紀錄台的呢?
6. 系上是否支持球隊參與校外盃賽?

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